Binaries & Boxes
(or Not!)
Understand Human Sexuality – Understand Life!
Presented by Delene van Dyke
1. SEX

Male

Penis, testis, XY chromosomes, prostate &
testosterone (+ a little bit of estrogen)
1. SEX

Male
Penis, testis, XY chromosomes, prostate &
testosterone (+ a little bit of estrogen)

Female
Breasts, vulva (vagina, clitoris, labia),
XX chromosomes, estrogen,
progesterone (+ a little bit of testosterone)
1. **SEX**

**Male**
Penis, testis, XY chromosomes, prostate & testosterone (+ a little bit of estrogen)

**Female**
Breasts, vulva (vagina, clitoris, labia),
XX chromosomes, estrogen, progesterone (+ a little bit of testosterone)

**Biological Concept**
What’s in your pants?
1. SEX

Male
Penis, testis, XY chromosomes, prostate &
testosterone (+ a little bit of estrogen)

Female
Breasts, vulva (vagina, clitoris, labia),
XX chromosomes, estrogen,
progesterone (+ a little bit of
testosterone)

Intersex
Ambiguous (not clear)

*Biological Concept*
What’s in your pants?
1. SEX
   Biological Concept
   Male
   Female
   Intersex

2. GENDER
   Social Construct
   Societal expectations based on “what’s in the pants”
1. SEX  
*Biological Concept*

- Male
- Female
- Intersex

2. GENDER  
*Social Construct*

Societal expectations based on “what’s in the pants”

**Masculine**

E.g. DIY, sport, muscles, dominant, control, strong

**Feminine**

E.g. nurturing, caring, cook, soft spoken, submissive, weak

3. 

4.
1. **SEX**

   *Biological Concept*

   Male

   Female

   Intersex

2. **GENDER**

   *Social Construct*

   Societal expectations based on “what’s in the pants”

   **Masculine**

   E.g. DIY, sport, muscles, dominant, control, strong

   **Feminine**

   E.g. nurturing, caring, cook, soft spoken, submissive, weak

   ……………………………………………………………………………………….

   **Transgender (Trans*) + Gender non-conforming**

   *Transsexual (MTF & FTM)*

   *Transvestite (Cross dresser)*
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<thead>
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<td>Cisgender &amp; Transgender</td>
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- **Cis** refers to a person whose biological sex matches their gender

An awareness and sensitivity to the use of the correct pronouns (e.g. he / she / him / her / hir / they.

If unsure – ASK politely

Gender identity can be a sensitive issue and it’s best to let other people tell you about their gender.
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3. SEXUAL ORIENTATION
1. SEX
   Biological Concept
   Male
   Female
   Intersex

2. GENDER
   Social Construct
   Masculine
   Feminine
   Trans*

3. SEXUAL ORIENTATION
   Emotional & sexual expression towards others + identity
1. **SEX**  
   *Biological Concept*  
   - Male  
   - Female  
   - Intersex

2. **GENDER**  
   *Social Construct*  
   - Masculine  
   - Feminine  
   - Trans*

3. **SEXUAL ORIENTATION**  
   *Emotional & sexual expression towards others + identity*  
   - Heterosexual  
   - Homosexual  
   - Bisexual

4. **...**
### 1. SEX
**Biological Concept**
- Male
- Female
- Intersex

### 2. GENDER
**Social Construct**
- Masculine
- Feminine
- Trans*

### 3. SEXUAL ORIENTATION
*Emotional & sexual expression towards others + identity*

- Heterosexual
- Homosexual
  - Lesbian
  - Gay
- Bisexual

*Whom you will build a life with, if allowed to*
1. SEX
   *Biological Concept*
   
   Male
   Female
   Intersex

2. GENDER
   *Social Construct*
   
   Masculine
   Feminine
   Trans*

3. SEXUAL ORIENTATION
   *Emotional & sexual expression towards others + identity*
   
   Homosexual
   Lesbian
   Gay
   Bisexual
   Heterosexual

4. SEXUAL PLAY (PRACTICES)
   *Sexual behavior + meaning*
   
   *What are the body parts that people use to experience sexual pleasure.....*
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<td>Sexual behavior + meaning</td>
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<td>Vagina</td>
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<td>Penis</td>
</tr>
<tr>
<td>Gay</td>
<td>Mouth</td>
</tr>
<tr>
<td>Bisexual</td>
<td>Hand</td>
</tr>
<tr>
<td>Heterosexual</td>
<td>Breasts</td>
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………………………………………………………………………..
1. SEX
   Biological Concept

   Male
   Female
   Intersex

2. GENDER
   Social Construct

   Masculine
   Feminine
   Trans*

3. SEXUAL ORIENTATION
   Emotional & sexual expression towards others + identity

   Homosexual
   Lesbian
   Gay
   Bisexual
   Heterosexual

4. SEXUAL PLAY (PRACTICES)
   Sexual behavior + meaning

   Vagina
   Penis
   Mouth
   Hand
   Breasts
1. SEX
   Biological Concept
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2. GENDER
   Social Construct
   Masculine
   Feminine
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3. SEXUAL ORIENTATION
   Emotional & sexual expression towards others + identity
   Homosexual
   Lesbian
   Gay
   Bisexual
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4. SEXUAL PLAY (PRACTICES)
   Sexual behavior + meaning
   - Vagina
   - Penis
   - Mouth
   - Hand
   - Breasts
1. **SEX**  
*Biological Concept*
- Male
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2. **GENDER**  
*Social Construct*
- Masculine
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3. **SEXUAL ORIENTATION**  
*Emotional & sexual expression towards others + identity*
- Homosexual
- Lesbian
- Gay
- Bisexual
- Heterosexual

4. **SEXUAL PLAY (PRACTICES)**  
*Sexual behavior + meaning*
- Vagina
- Penis
- Mouth
- Hand
- Breasts
- Anus
1. SEX
   *Biological Concept*
   - Male
   - Female
   - Intersex

2. GENDER
   *Social Construct*
   - Masculine
   - Feminine
   - Trans*

3. SEXUAL ORIENTATION
   *Emotional & sexual expression towards others + identity*
   - Homosexual
   - Lesbian
   - Gay
   - Bisexual
   - Heterosexual

4. SEXUAL PLAY (PRACTICES)
   *Sexual behavior + meaning*
   - Vagina
   - Penis
   - Mouth
   - Hand
   - Breasts
   - Anus

Who do these body parts belong to?
1. SEX
   Biological Concept
   Male
   Female
   Intersex

2. GENDER
   Social Construct
   Masculine
   Feminine
   Trans*

3. SEXUAL ORIENTATION
   Emotional & sexual expression towards others + identity
   Homosexual
   Lesbian
   Gay
   Bisexual
   Heterosexual

4. SEXUAL PLAY (PRACTICES)
   Sexual behavior + meaning
   People have sex in various ways
1. SEX
   - Male
   - Female
   - Intersex

2. GENDER
   - Masculine
   - Feminine
   - Trans* (MTF)

3. SEXUAL ORIENTATION
   - Lesbian
   - Gay
   - Bisexual
   - Heterosexual

4. SEXUAL PLAY (PRACTICES)
   - Vagina
   - Penis
   - Mouth
   - Hand
   - Breasts (female)
   - Anus (male)
1. SEX
   - Male
   - Female
   - Intersex

2. GENDER
   - Masculine
   - Feminine
   - Gender non-conforming
   - Trans* (MTF)

3. SEXUAL ORIENTATION
   - Lesbian
   - Gay
   - Bisexual
   - Heterosexual

4. SEXUAL PLAY (PRACTICES)
   - Vagina
   - Penis
   - Mouth
   - Hand
   - Breasts (female)
   - Anus (male)
What!?

Yes!

People have sex for various reasons!
1. SEX
   Biological Concept
   Male
   Female
   Intersex

2. GENDER
   Social Construct
   Masculine
   Feminine
   Trans*

3. SEXUAL ORIENTATION
   Emotional & sexual expression towards others + identity
   Homosexual
   Lesbian   Gay
   Bisexual
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4. SEXUAL PLAY (PRACTICES)
   Sexual behavior + meaning
   Vagina
   Penis
   Mouth
   Hand
   Breasts
   Anus

   MSM / WSW (Public Health terms)
### 1. SEX
**Biological Concept**
- Male
- Female
- Intersex

### 2. GENDER
**Social Construct**
- Masculine
- Feminine
- Trans*

### 3. SEXUAL ORIENTATION
*Emotional & sexual expression towards others + identity*
- Homosexual
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### 4. SEXUAL PLAY (PRACTICES)
*Sexual behavior + meaning*
- Vagina
- Penis
- Mouth
- Hand
- Breasts
- Anus

**MSM / WSW** *(Public Health terms)*

**FANTASIES?**

= not necessarily in line with sexual identity
### Summary

<table>
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<tr>
<th><strong>Intersex</strong> challenges the binary notion of only two sexes.</th>
<th><strong>Transgender</strong> challenges the binary notion of masculinity (men only) and femininity (women only).</th>
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<td><strong>Bisexuality</strong> challenges the binary notion of only two sexual orientations.</td>
<td><strong>Anal sex</strong> challenges the binary notion of the “apparent norm – penile-vaginal sex only”.</td>
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In conclusion

• People may or may not express their sexual orientation / identity in their behaviors, sexually or otherwise. **YOU CAN NEVER ASSUME ANOTHER PERSON’S SEXUAL ORIENTATION**

• Some people may regularly have sex with others of the same sex, without seeing themselves as lesbian or gay or bisexual (whether due to cultural, religious or personal reasons).

• Gender identity / presentation has got nothing to do with being lesbian or gay. Most lesbian women consider themselves as women and similarly, most gay men consider themselves to be men.
Conclusion cont.

- Being transsexual has got nothing to do with being lesbian or gay. Transsexual people can be heterosexual, lesbian, gay or bisexual.
- Being transvestite has got nothing to do with sexual orientation. Transvestites can be heterosexual, gay or bisexual.
- Intersex is a biological variant and NOT a sexual orientation, nor does it refer to sexual behavior.
Parting words.....

• Having a penis, does not make you a man, having breasts do not make you a mother, a man having sex with another man is not necessarily gay and being heterosexual does not make you “normal”.

• Our language is too limited to fully describe a human beings’ sexuality and sexual expression.

• Makes you think... doesn’t it?
Thank you!
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